

What is claimed is:

1. A method for controlling packet data transmissions in a mobile communications system wherein transmitters and  
5 receivers share channel resources dynamically for uplink and downlink operating periods and where allocations of measurement periods between uplink and downlink periods and between downlink and uplink periods are prescribed, characterised by re-allocation of measurement periods to  
10 increase the availability of uplink resources when uplink resources are otherwise constrained by prescribed allocations of measurement periods.